

Important Information about Wegovy™

Welcome to MDLIVE. We're here to support your weight loss journey with Wegovy. Below you'll find some important information to help you with your treatment. If you have any questions, you can always reach the MDLIVE clinical team at 1-800-400-6354.



How to take Wegovy:

- Administer once weekly, on the same day each week, at any time.
- Let your Wegovy pen warm to room temperature before administration if it's more comfortable.
- Only administer if the solution is clear, colorless and contains no particles.
- Administer with or without food.
- Administer by injection into your abdomen, thigh or upper arm.
- **Do not** use the same site for each injection.
- Safely discard your Wegovy pen after use.
- Increase your dose every four weeks for sixteen weeks, unless your provider changes your schedule due to side effects.



How to increase your dose:

Wegovy is administered by a weekly subcutaneous (SC) injection. Below is an example of a dosing schedule. Please talk with your doctor to find out your specific dosing schedule.

Week	Wegovy Dose
Weeks 1 through 4	0.25 mg SC once weekly
Weeks 5 through 8	0.5 mg SC once weekly
Weeks 9 through 12	1 mg SC once weekly
Weeks 13 through 16	1.7 mg SC once weekly
Week 17 onwards	2.4 mg SC once weekly



If you miss a dose:

- If you miss a dose and your next scheduled dose is more than two days away (48 hours), take the missed dose as soon as possible.
- If you miss a dose and your next scheduled dose is less than two days away (48 hours), do not administer the dose. Take your next dose on your regularly scheduled day.
- If you miss doses for more than two weeks, take your next dose on the regularly scheduled day, or call your health care provider to talk about how to restart your treatment.
- If you miss more than two consecutive doses and choose to re-initiate your treatment, you may experience GI symptoms. To reduce these symptoms, follow the dose-escalation schedule in the section above.



How to store your medication:

Long-term storage:

- Store unopened Wegovy in your refrigerator between 36°F and 46°F.
- Do not freeze.
- Protect Wegovy from sunlight.
- Before removing the cap, your Wegovy pen can be kept from 46°F to 86°F for up to 28 days if necessary.
- Keep Wegovy in the original carton until you take it.

Short-term storage:

- Only open Wegovy when you're ready to take it.
- You can keep Wegovy at room temperature for up to 28 days.



Manufacturer information:

Please use the links below for more information regarding Wegovy

Dosing:

<https://www.novomedlink.com/obesity/products/treatments/Wegovy/dosing-administration/Wegovy-dosing.html>

Treatment:

<https://www.novomedlink.com/obesity/products/treatments/wegovy.html>

How to use Wegovy:

<https://www.wegovy.com/about-wegovy/how-to-use-the-wegovy-pen.html>

Prescribing information:

<https://www.novo-pi.com/wegovy.pdf>



Should I continue taking Wegovy if I find out I have diabetes?

There is an increased risk for patients with diabetes who use Wegovy. If you discover you have diabetes after starting this program, please talk to your provider to determine whether you should discontinue Wegovy and participation in the program. If you are approved to continue participating in the program, you should check your blood sugar while you take Wegovy.

Common side effects:

The most commonly reported side effects are gastrointestinal issues. Some patients may experience diarrhea, vomiting, constipation, abdominal pain, headache, fatigue, dyspnea, dizziness, abdominal distention, gas, hypoglycemia in patients with type 2 diabetes, gastroenteritis and gastroesophageal reflux disease.

Patients who should not take Wegovy:

Patients with a personal or family history of a thyroid cancer called medullary thyroid carcinoma (MTC) or an endocrine system condition known as multiple endocrine neoplasia syndrome type 2 (MEN 2) should not take Wegovy. You should also not take Wegovy if you've had a serious negative reaction to the ingredients in Wegovy (semaglutide). Serious hypersensitivity reactions, including anaphylaxis and angioedema have been reported with semaglutides like Wegovy.

See the warning labels on your Wegovy package about the risk of thyroid C-cell tumors, acute pancreatitis, acute gallbladder disease, hypoglycemia, acute kidney injury, hypersensitivity, diabetic retinopathy complications in patients with type 2 diabetes, heart rate increase and suicidal behavior and ideation.

If you are pregnant, Wegovy may cause fetal harm. If you find out you're pregnant, or plan to become pregnant in the next two months, please stop taking Wegovy.